

# MONTHLY MEAL PLAN

APRIL 2024

	MON	TUE	WED	THU	FRI	SAT	SUN
WEEK 1	1	2	3	4	5	6	7
WEEK 2	8	9	10	11	12	13	14
WEEK 3	15	16	17	18	19	20	21
WEEK 4	22	23	24	25	26	27	28
WEEK 5	29	30					