

MONTHLY MEAL PLAN

MAY 2024

	MON	TUE	WED	THU	FRI	SAT	SUN
WEEK 1			1	2	3	4	5
WEEK 2	6	7	8	9	10	11	12 
WEEK 3	13	14	15	16	17	18	19
WEEK 4	20	21	22	23	24	25	26
WEEK 5	27 ★ ★ ★ ★ ★ ★ ★ ★ MEMORIAL DAY	28	29	30	31		