

MONTHLY MEAL PLAN

JUNE 2024

	MON	TUE	WED	THU	FRI	SAT	SUN
WEEK 1						1	2
WEEK 2	3	4	5	6	7	8	9
WEEK 3	10	11	12	13	14	15	16
WEEK 4	17	18	19	20	21	22	23
WEEK 5	24	25	26	27	28	29	30