

MONTHLY MEAL PLAN

OCTOBER 2024

	MON	TUE	WED	THU	FRI	SAT	SUN
WEEK 1		1 <u>Cheesy Fajita Chicken Bake</u>	2 Leftover Night	3 <u>Italian Grinder Sliders</u>	4 <u>Salisbury Steak Meatballs</u>	5 <u>Teriyaki Chicken</u>	6 <u>Creamy Sausage Pasta</u>
WEEK 2	7 <u>Breakfast Taquitos</u>	8 <u>Queso Smothered Chicken</u>	9 Leftover Night	10 <u>Lazy Lasagna</u>	11 <u>Chicken Pot Pie</u>	12 <u>Texas Toast Sloppy Jo</u>	13 <u>Sheet Pan Beef Kebabas</u>
WEEK 3	14 <u>Biscuits and Gravy Casserole</u>	15 <u>Taco Ranch Bites</u>	16 Leftover Night	17 <u>Cheesy Chicken Crescent</u>	18 <u>Pierogi And Kielbasa</u>	19 <u>Cracker Barrel Grillen Chicken</u>	20 <u>Baked Ziti</u>
WEEK 4	21 <u>Bacon Pancake Dippers</u>	22 <u>Crunchy Chicken Flutas</u>	23 Leftover Night	24 <u>Ground Beef Philly Cheesesteaks</u>	25 <u>Garlic Balsamic Pork Roast</u>	26 <u>Homemade Stromboli</u>	27 <u>Buffalo Chicken Tater Tot</u>
WEEK 5	28 <u>Loaded Hash Brown Breakfast Nachos</u>	29 <u>Taco Rice</u>	30 Leftover Night	31 <u>Halloween Fun Dinner Ideas</u> 			