

# MONTHLY MEAL PLAN

NOVEMBER 2024

	MON	TUE	WED	THU	FRI	SAT	SUN
WEEK 1					1 Chili	2 <u>Smoke Sausage Bake</u>	3 <u>Chicken Parmesan Sloppy Joes</u>
WEEK 2	4 <u>Breakfast Burrito Bowls</u>	5 <u>Slow Cooker Enchilada Tacos</u>	6 Leftover Night	7 <u>Creamy Italian Sausage Pasta Soup</u>	8 <u>Steak Bites With Mashed Potatoes</u>	9 <u>Parmesan Chicken with Garlic Rice</u>	10 <u>Garlic Beef Pasta</u>
WEEK 3	11 <u>Mini Pancake Sausage Bites</u>	12 <u>Cornbread Taco Bake</u>	13 Leftover Night	14 <u>Homemade Chicken Nuggets</u>	15 <u>Fritos Taco Bowls</u>	16 <u>Creamy Chicken Tortellini Soup</u>	17 <u>Salisbury Steak Meatballs</u>
WEEK 4	18 <u>Breakfast Nachos</u>	19 <u>Lazy Enchiladas</u>	20 Leftover Night	21 <u>Stuffed Pepper Soup</u>	22 <u>Cheesy Chicken Penne</u>	23 <u>Mongolian Ground Beef Noodles</u>	24 <u>Million Dollar Chicken</u>
WEEK 5	25 <u>Breakfast Grilled Cheese</u>	26 <u>Crunchy Chicken Flautas</u>	27 Leftover Night	28 	29 Thanksgiving Leftovers	30 <u>Zesty Chicken Pasta</u>	