


JANUARY MEAL PLAN

2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
29	30	31		2 <u>Sheet Pan Sausage with Potatoes and Green beans</u>	3 <u>Creamy Garlic Beef Pasta</u>	4 <u>Parmesan Italian Sausage Soup</u>
5 <u>Buffalo Chicken Tater Tots</u>	6 <u>Sausage, Cheese and Potato Wrap</u>	7 <u>Cheesy Taco Sticks</u>	8 <u>Leftover Night</u>	9 <u>Baked Ziti</u>	10 <u>Crack Chicken Sandwich</u>	11 <u>Chili Pot Pies</u>
12 <u>Cheesy Chicken Crescent Rolls</u>	13 <u>McGriddles At home</u>	14 <u>Queso Soup</u>	15 <u>Leftover Night</u>	16 <u>Pineapple Teriyaki Pork Chops</u>	17 <u>Bowtie Lasagna</u>	18 <u>Chicken Noodle Soup</u>
19 <u>Sheet Pan Beef Kebabs</u>	20 <u>French Toast Bake</u>	21 <u>Chicken Enchilada Tortelleni Bake</u>	22 <u>Leftover Night</u>	23 <u>BBQ Smoke Sausage</u>	24 <u>Garlic Parmesan Chicken Potatoes</u>	25 <u>Hamburger Potato Soup</u>
26 <u>Beef Wellington Turnovers</u>	27 <u>Tator Tot Breakfast Bowl</u>	28 <u>Queso Smothered Chicken Casserole</u>	29 <u>Leftover Night</u>	30 <u>Baked Ricotta Chicken</u>	31 <u>Salisbury Steak Meatballs</u>	1