

JUNE MEAL PLAN

2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 <u>Baked Crack Chicken</u>	2 <u>Fish Taco Bowls</u>	3 <u>Chicken Bacon Ranch and Veggies</u>	4 <u>Meatloaf with Mashed Cauliflower</u>	5 <u>Zucchini Chicken Stir-Fry</u>	6 <u>Chicken Piccata</u>	7 <u>Lettuce Cheeseburger Wrap & Zucchini Fries</u>
8 <u>Bruchetta Chicken Casserole</u>	9 <u>Sheet Pan Sausage & Veggies</u>	10 <u>Strawberry Chicken Salad</u>	11 <u>Balsamic Steak and Gorgonzola Salad</u>	12 <u>Eggroll In A Bowl</u>	13 <u>Buffalo Chicken Strips</u>	14 <u>Beef & Broccoli With Cauliflower Rice</u>
15 HAPPY FATHER'S DAY	16 <u>Marry Me Chicken</u>	17 <u>Taco Casserole</u>	18 <u>Shrimp & Steak Kabobs</u>	19 <u>Sheet Pan Sesame Chicken & Veggies</u>	20 <u>Cheesy Ground Beef Cauliflower Casserole</u>	21 <u>Baked Cod With Lemon and Garlic</u>
22 <u>BBQ Chicken Bowl</u>	23 <u>Slow Cooker Italian Beef</u>	24 <u>Ranch Baked Pork Chops</u>	25 <u>Asian Beef with Mushrooms and Snow Peas</u>	26 <u>Chicken Alfredo with Broccoli</u>	27 <u>Loaded Cauliflower and Chicken Casserole</u>	28 <u>Honey Mustard Chopped Chicken Salad</u>
29 <u>Steak Fajitas Sheet Pan</u>	30 <u>Smoked Sausage Cauliflower Casserole</u>	1	2	3	4	5