

JULY MEAL PLAN

2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1	2 Leftover Night	3 <u>Bubble Pizza</u> Add your favorite toppings!	4 	5 <u>Bacon Grilled Chicken Avocado Sandwich</u>
6 <u>Lasagna Roll ups</u>	7 <u>French Toast Nuggets</u>	8 <u>Gordita Crunch</u>	9 Leftover Night	10 <u>Cheesy Chicken Biscuit</u>	11 <u>Philly Cheesesteak</u>	12 <u>BBQ pineapple chicken kabobs</u>
13 <u>Sausage Rigatoni</u>	14 <u>Sausage Gravy Tater Tot Casserole</u>	15 <u>Easy Cheesy Beef Enchilada Tortellini</u>	16 Leftover Night	17 <u>Pineapple Teriyaki Pork Chops</u>	18 <u>Buttery Ranch Chicken</u>	19 <u>Foil packet Sausage & Peppers</u>
20 <u>Chicken Mac & Cheese</u>	21 <u>Bacon Egg & Cheese Quesadilla</u>	22 <u>Cream Cheese Chicken Taqitos</u>	23 Leftover Night	24 <u>Tik Tok Baked Ziti</u>	25 <u>Italian Chicken Sandwiches</u>	26 <u>Beef Kabobs</u>
27 <u>Lemon Pepper Chicken</u>	28 <u>Sausage Breakfast Bites</u>	29 <u>Taco Potatoes</u>	30 Leftover Night	31 <u>Kielbasa Potatoes and Green Beans</u>		