

OCTOBER MEAL PLAN

2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 LEFTOVER NIGHT	2 <u>SAUSAGE AND APPLE SKILLET</u>	3 <u>CROCKPOT ORANGE CHICKEN</u>	4 <u>BAKED ZITI</u>
5 <u>ORZO CHICKEN POT PIE</u>	6 <u>FRENCH TOAST NUGGETS</u>	7 <u>TACO RICE</u>	8 LEFTOVER NIGHT	9 <u>BUBBLE PIZZA</u>	10 <u>CREAMY GARLIC PARMESAN CHICKEN</u>	11 <u>APPLE BUTTER PORK CHOPS</u>
12 <u>CHEESY RANCH POTATOES AND SMOKE SAUSAGE</u>	13 <u>HASHBROWN STACKS</u>	14 <u>MEXICAN CHICKEN CASSEROLE</u>	15 LEFTOVER NIGHT	16 <u>FRENCH ONION MEATBALLS</u>	17 <u>GARLIC HERB CHICKEN</u>	18 <u>BEEF AND BROCCOLI</u>
19 <u>TACO BITES</u>	20 <u>SAUSAGE BITES</u>	21 <u>SHEET PAN FAJITAS</u>	22 LEFTOVER NIGHT	23 <u>CREAMY BEEF AND BOWTIES</u>	24 <u>ENCHILADA CHICKEN</u>	25 <u>CREAMY CHICKEN TORTELLINI SOUP</u>
26 <u>BUFFALO CHICKEN STUFFED SHELLS</u>	27 <u>BREAKFAST BAKED TACOS</u>	28 <u>CHICKEN TOSTADAS</u>	29 LEFTOVER NIGHT	30 <u>CHICKEN PARMESAN BITES</u>	31 HALLOWEEN DINNER IDEAS COMING SOON! 	