

NOVEMBER MEAL PLAN

2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1 <u>Spinach Stuffed Chicken</u>
2 <u>Garlic Butter Steak with Brussels Sprouts and Butternut Squash</u>	3 <u>Beef & Broccoli With Cauliflower Rice</u>	4 <u>Big Mac Lettuce Wraps</u>	5 <u>Slow Cooker Italian Beef</u>	6 <u>Cauliflower Mash with Meatballs</u>	7 <u>Eggroll In A Bowl</u>	8 <u>Garlic Butter Chicken Bites</u>
9 <u>Balsamic Steak Gorgonzola Salad</u>	10 <u>Chicken & Cauliflower Rice Casserole</u>	11 <u>Chicken Burrito Bowls</u>	12 <u>Honey Mustard Chicken Salad</u>	13 <u>Big Mac Lettuce Wraps</u>	14 <u>Asian Beef with Mushrooms and Snow Peas</u>	15 <u>Ranch Baked Pork Chops</u>
16 <u>Sheet Pan Sesame Chicken & Veggies</u>	17 <u>Meatball Casserole</u>	18 <u>Steak Fajitas Sheet Pan</u>	19 <u>Bang Bang Chicken Skewers</u>	20 <u>Baked Cod With Lemon and Garlic</u>	21 <u>Steak Salad</u>	22 <u>Chicken Parm Zucchini Boats</u>
23 <u>Cheesy Ground Beef Cauliflower</u>	24 <u>Cashew Chicken Lettuce Wraps</u>	25 <u>Taco Casserole</u>	26 <u>Zoppa Toscana</u>	27 	28 <u>Turkey Day LEFTOVERS</u>	29 <u>Tuscan Chicken With Spaghetti Squash</u>
30 <u>Jalapeño Stuffed Chicken</u>						