

February

2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 <u>BLT Sliders</u> <u>With Fries</u>	2 <u>Biscuits</u> <u>and gravy</u> <u>Casserole</u>	3 <u>Cheesy</u> <u>Chicken or Beef</u> <u>Mini Tacos</u>	4 Leftover Night	5 <u>Chicken</u> <u>Alfredo</u> <u>Sloppy Joe's</u>	6 <u>Beef and</u> <u>Noodles</u>	7 <u>Crispy</u> <u>Chicken</u> <u>Parmesan</u>
8  Super Bowl Sunday: Finger Foods	9 Hawaiian French Toast	10 <u>Crunchy</u> <u>Chicken</u> <u>Flautas</u>	11 Leftover Night	12 <u>Cheese</u> <u>Tortellini</u> <u>Pepperoni Pizza</u>	13 <u>Dr.Pepper</u> <u>Chicken</u> <u>Sandwich</u>	14 XOXO
15 <u>Mongolian</u> <u>Ground Beef</u> <u>Noodles</u>	16 <u>Breakfast</u> <u>Bagel</u> <u>Sliders</u>	17 <u>Cheesy</u> <u>Taco</u> <u>Bake</u>	18 Leftover Night	19 <u>Ham and</u> <u>Cheese</u> <u>Croissants</u>	20 <u>Chicken</u> <u>Pierogi</u> <u>Stew</u>	21 <u>Ground Beef</u> <u>Philly</u> <u>Cheesesteaks</u>
22 <u>Easy</u> <u>Lasagna</u>	23 <u>Loaded</u> <u>Hashbrown</u> <u>Breakfast</u> <u>Nachos</u>	24 <u>Steak</u> <u>Queso Rice</u>	25 Leftover Night	26 <u>Cheeseburger</u> <u>Egg roll</u>	27 <u>Creamy</u> <u>Chicken</u> <u>Pasta</u>	28 <u>Stuffed Pepper</u> <u>Soup</u>

SHOPPING LIST:

FAVORITE MEALS: