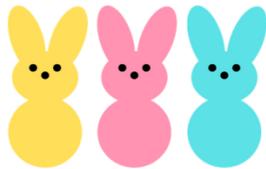


# April

2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			Leftover Night <sup>1</sup>	<u>Spinach &amp; Mushroom Smothered Chicken</u> <sup>2</sup>	<u>Balsamic Steak and Gorgonzola Salad</u> <sup>3</sup>	<u>Spaghetti Squash With Meat Sauce</u> <sup>4</sup>
 <sup>5</sup>	<u>Grilled Steak and Veggie Kabobs</u> <sup>6</sup>	<u>Cilantro Lime Chicken</u> <sup>7</sup>	Leftover Night <sup>8</sup>	<u>Ranch Baked Pork Chops</u> <sup>9</sup>	<u>Eggroll In A Bowl &amp; Egg Drop Soup</u> <sup>10</sup>	<u>Lettuce Cheeseburger Wrap and Zucchini Fries</u> <sup>11</sup>
<u>Chicken Bacon Ranch Casserole</u> <sup>12</sup>	<u>Extra Veggies Steak Stir-Fry</u> <sup>13</sup>	<u>Taco Casserole</u> <sup>14</sup>	Leftover Night <sup>15</sup>	<u>Bang Bang Chicken Skewers</u> <sup>16</sup>	<u>Parmesan Dijon Pork Chops</u> <sup>17</sup>	<u>Asian Beef with Mushrooms and Snow Peas</u> <sup>18</sup>
<u>One Pan Balsamic Chicken</u> <sup>19</sup>	<u>Strawberry Chicken Salad</u> <sup>20</sup>	<u>Fish Taco Bowls</u> <sup>21</sup>	Leftover Night <sup>22</sup>	<u>Baked Cod With Lemon and Garlic</u> <sup>23</sup>	<u>Zucchini Crust Pizza</u> <sup>24</sup>	<u>Garlic Butter Chicken Bites &amp; Lemon Asparagus</u> <sup>25</sup>
<u>Chicken Parmesan</u> <sup>26</sup>	<u>Cheesy Ground Beef Cauliflower Casserole</u> <sup>27</sup>	<u>Steak Fajitas Sheet Pan</u> <sup>28</sup>	Leftover Night <sup>29</sup>	<u>Chicken Alfredo with Broccoli</u> <sup>30</sup>		

SHOPPING LIST:

---



---



---



---



---



---



---

FAVORITE MEALS:

---



---



---



---



---



---



---