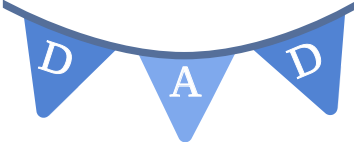


June

2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<u>Baked Crack Chicken</u> 1	<u>Fish Taco Bowls</u> 2	Leftover Night 3	<u>Chicken Bacon Ranch and Veggies</u> 4	<u>Meatloaf with Mashed Cauliflower</u> 5	<u>Zucchini Chicken Stir-Fry</u> 6
<u>Lettuce Cheeseburger Wrap & Zucchini Fries</u> 7	<u>Bruchetta Chicken Casserole</u> 8	<u>Sheet Pan Sausage & Veggies</u> 9	Leftover Night 10	<u>Strawberry Chicken Salad</u> 11	<u>Eggroll In A Bowl</u> 12	<u>Balsamic Steak and Gorgonzola Salad</u> 13
<u>Buffalo Chicken Strips</u> 14	<u>Sheet Pan Sesame Chicken & Veggies</u> 15	<u>Taco Casserole</u> 16	Leftover Night 17	<u>Cheesy Ground Beef Cauliflower Casserole</u> 18	<u>Shrimp & Steak Kabobs</u> 19	<u>Baked Cod With Lemon and Garlic</u> 20
 21	<u>BBQ Chicken Bowl</u> 22	<u>Steak Fajitas Sheet Pan</u> 23	Leftover Night 24	<u>Slow Cooker Italian Beef</u> 25	<u>Chicken Alfredo with Broccoli</u> 26	<u>Beef & Broccoli With Cauliflower Rice</u> 27
<u>Ranch Baked Pork Chops</u> 28	<u>Marry Me Chicken</u> 29	<u>Honey Mustard Chopped Chicken Salad</u> 30				

SHOPPING LIST:

NOTES:
