

August

2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						<u>Peanut Chicken Lettuce Wraps</u> 1
<u>Garlic Butter Cod</u> 2	<u>Lettuce Cheeseburger Wrap & Zucchini Fries</u> 3	<u>Fiesta Lime Chicken</u> 4	Leftover Night 5	<u>Slow Cooker Italian Beef</u> 6	<u>Big Mac Lettuce Wraps</u> 7	<u>Shrimp Boil</u> 8
<u>Teriyaki Meatballs</u> 9	<u>Italian Chicken with Veggies</u> 10	<u>Fish Taco Bowls</u> 11	Leftover Night 12	<u>Chicken Wrap with Bacon and Avacado</u> 13	<u>Balsamic Steak and Gorganzola Salad</u> 14	<u>Bang Bang Chicken Skewers</u> 15
<u>Spinach Lasagna</u> 16	<u>Bruchetta Chicken Casserole</u> 17	<u>Chicken Burrito Bowls</u> 18	Leftover Night 19	<u>Cheesy Ground Beef Cauliflower Casserole</u> 20	<u>Chicken Alfredo with Broccoli</u> 21	<u>Steak Salad</u> 22
<u>Tuscan Chicken With Spaghetti Squash</u> 23	<u>Loaded Burger Bowls</u> 24	<u>Steak Fajitas Sheet Pan</u> 25	Leftover Night 26	<u>Eggroll In A Bowl & Egg Drop Soup</u> 27	<u>Beef & Broccoli With Cauliflower Rice</u> 28	<u>Steak Shish Kabob</u> 29
<u>Lemon Chicken</u> 30	<u>Bacon Cheeseburger Pie</u> 31					

SHOPPING LIST:

FAVORITE MEALS: